



# Put Your Feet Up!

**Pamper Day for men and women  
aged 60+**

**Free massage, manicure,  
barbers, raffle, refreshments**

**Venue: Pembroke House,  
80 Tatum Street, SE17 1QR**

**Date: Sat 14th January 2017**

**Time: 12 –3pm**

**Booking: 0207 7038923**

