



# SOUTH LONDON CARES

**January 2019**

Below is a list of our **free** Social Clubs in Southwark and Lambeth for people aged 65 and above. All our events are hosted by young people who want to meet you and hear your stories. Share your skills and learn new ones, all while making new friends in your community!

**Saturday 5<sup>th</sup> January, 11am-1pm: New Year Hogmanay Party - Brixton Moorlands Community Centre, 50a Corry Drive, SW9 8QT**

Ring in the New Year with all your friends in true Scottish style at our New Year Hogmanay Party! Bring some snacks if you can and get stuck into some fun and games. Emily will be running this club. Please call 0207 118 0404 to let us know you're coming.

**Bus: P5, get off at Loughborough Park/Elvenden House, just off Somerleyton Road next to Coldharbour Lane.** Head down the pathway with the Corry Drive sign. The venue is a 1-minute walk straight ahead, next to a small shop.

**Tuesday 8<sup>th</sup> January, 11am-12.30pm: Brunch Club – Peckham Peckham Pelican, 92 Peckham Road, SE15 5PY**

Join your neighbours for a scrumptious brunch at the Peckham Pelican. Come along for a cup of tea, a slice of cake and some great chat in this welcoming corner of Peckham. Emily will be running this club. Please call 0207 118 0404 to tell us you're coming.

**Train: Peckham Rye (10 minute walk)**

**Bus: 345, 12, 36, 171, 436 (get off at Peckham Road/ Southampton Way) Look out for a black shop front under Pelican House).**

**Tuesday 8<sup>th</sup> January, 6.30-8pm: Quiz Club – Walworth Darwin Court, 1 Crail Row, Walworth, SE17 1AD**

Put your knowledge to the test and find a good use for all those facts at our monthly quiz club. Team up with your neighbours and laugh your way to victory at this evening of fun and games. Olivia will be running this club. Please call us on 0207 118 0404 to let us know you would like to come.

**Train: Elephant and Castle (take the 136/343 to Balfour Street)**

**Bus: 136, 343 (get off at Balfour Street).**

**Call us on 0207 118 0404 for more information.**

**Wednesday 9<sup>th</sup> January, 10.30am-12pm: Ballroom & Latin Dancing – West Norwood: *The British Home, Crown Lane, SW16 3JB***

Start your morning with a spring in your step by finessing your ballroom and Latin steps with Vera the Diva. Expect some light exercise, plenty of fun and some new moves to show your pals. People of all abilities are welcome, absolutely no experience necessary! Olivia will be running this club. Call us on 0207 118 0404 to let us know you're attending.  
**Bus: 417, 249, 468, 196 (get off at Crown Lane or Crown Point) Please note, you'll need to enter via the large door at the front of the building.**

**Wednesday 9<sup>th</sup> January, 6-7.30pm: Choir – Peckham  
*St James Church Hall, 45 Elm Grove, SE15 5DD***

Join your neighbours for a joyful evening of singing, with no experience necessary!  
**Please note**, when you arrive walk through the small gate to the left of the church on Elm Grove and look out for the door with a big shell above it – we'll be in there! Volunteer Organiser Amita will be running this club. Call 0207 118 0404 to tell us you're coming.  
**Train: Peckham Rye**  
**Bus: 12, 37, 63, 78, 197, 343, 363, P12, P13 (get off at Peckham Rye station – 3-minute walk) or 36, 136, 171, 345, 346 (get off at Peckham Library, 7 minute walk)**

**Thursday 10<sup>th</sup> January, 2-3.30pm: Saatchi Gallery: Black Mirror Tour & Art Workshop – Chelsea**

Enjoy a guided tour of the world-renowned Saatchi Art Gallery before taking part in an art workshop inspired by John Stezaker's celebrity icons. Olivia will be running this club. This trip has limited space so **please call us on 0207 118 0404 to put your name in the lottery**. Names will be drawn at random on Friday 4<sup>th</sup> January and you will only hear from us if you've secured a place.  
**Train: Sloane Square**  
**Bus: 137, 360, 452 (Get off at Sloane Street / Sloane Square Station)**

**Thursday 10<sup>th</sup> January, 6-8pm: Blackout Poetry Art Workshop – Stockwell: *Stockwell Centre, 1 Studley Road, SW4 6RA***

Channel your inner artist and poet and use old books to create beautiful new masterpieces. Take scissors to unloved literature and cut up old sentences to create beautiful odes, or fearlessly take felt tip pens to magic wonderful artwork for your home. Emily will be running this club and will provide the materials! Please call us on 0207 118 0404 to let us know you're coming.  
**Train: Stockwell**  
**Bus: 2, 50, 155, 196, 333, 345, 88, P5 (get off at Stockwell station).**

**Call us on 0207 118 0404 for more information.**

### **Friday 11<sup>th</sup> January, 12-2pm: Technology Business Visit – Borough**

Take a tour of this global tech business and learn about the fast paced world of technology solutions. Enjoy tea and cake with their friendly staff and some brilliant conversation. Charlie will be running this club and this trip has limited space so **please call us on 0207 118 0404 to put your name in the lottery**. Names will be drawn at random on Monday 7<sup>th</sup> January - you will only hear from us if you've secured a place.

**Train: London Bridge**

**Bus: 35, 40, 133, 343**

### **Monday 14<sup>th</sup> January, 2.30-4.30pm: Chair Yoga – Blackfriars Southwark, John Marshall Hall, Christ Church Southwark, 27 Blackfriars Road, SE1 8NY**

Join us for some light exercise and calming breathing at a yoga club that's perfect for beginners. Expect some gentle stretching as well as time for a cup of tea and a chat! Olivia will be running this club. Please call 0207 118 0404 to tell us you're coming.

**Train: Southwark**

**Bus: 45, 338, 63 (get off at Stamford Street)** Look out for a red brick church, and head down the left-hand side for the church hall entrance.

### **Tuesday 15<sup>th</sup> January, 6.30pm-8pm: Burns Night Ceilidh Celebration – West Norwood: The British Home, Crown Lane, SW16 3JB**

Get ready for a big Burns Night celebration: we're holding a fantastic evening of ceilidh dancing! Whether you're an absolute beginner or a total pro, it will be guaranteed fun. Dance the night away or simply sit back and enjoy the show – it's up to you! People of all abilities are welcome, absolutely no experience necessary! Emily will be running this club. Call us on 0207 118 0404 to let us know you're attending.

**Bus: 417, 249, 468, 196 (get off at Crown Lane or Crown Point)** Please note, you'll need to enter via the large door at the front of the building.

### **Wednesday 16<sup>th</sup> January, 11am-1pm: Queen's Gallery: Tour & Drama Workshop – Westminster**

***The Queen's Gallery, Buckingham Palace Road, SW1A 1AA***

Join your neighbours for a tour of the new exhibition ***Russia, Royalty & the Romanovs***, before recreating a dance inspired by a glittering winter's day in St Petersburg, as the courtiers prepare for the Tsar's ball. Space is limited so **please call us on 0207 118 0404 to put your name in the lottery**. Emily will be running this club and names will be drawn on Tuesday 8<sup>th</sup> January.

**Train: Victoria (12 minute walk)**

**Bus: 11, 211, C1, C10 (get off at Buckingham Palace Road)**

**Call us on 0207 118 0404 for more information.**

**Wednesday 16<sup>th</sup> January, 2-4pm: Technology Workshop - Vauxhall  
Vauxhall Gardens Community Centre, 5 Glasshouse Walk, SE11 5ES**

Want to improve your confidence with your phone, tablet or laptop? Come along for a cuppa and bring your gadgets and technology-related questions with you! Olivia will be running this club. Please call us on 0207 118 0404 to let us know you would like to come.

**Train: Vauxhall (5-minute walk)**

**Bus: 2, 36, 77, 87, 88, 156, 185, 196, 344, 360, 436, 452 (get off at Vauxhall Bus Station)** Venue is a 5 min walk along Albert Embankment turning right onto Glasshouse Walk.

**Thursday 17<sup>th</sup> January, 6-8pm: Film Club – Elephant & Castle  
Draper Hall, 1 Howell Walk, SE1 6TL**

Join us for our film club in Elephant and Castle to watch Rob Brydon's latest comedy *Swimming With Men*. A man who is suffering a mid-life crisis finds new meaning in his life as part of an all-male, middle-aged, amateur synchronised swimming team. Emily will be running this club. Please call us on 0207 118 0404 to tell us you're coming.

**Train: Elephant & Castle**

**Bus: 133, 155, 196, 333, 415 (get off at Newington Butts).** Look for the black gate on Hampton Street (next to the Santander Bike stand), on the junction with Newington Butts.

**Friday 18<sup>th</sup> January, 1.30-3.30pm: Brewery Tour – Southwark**

Hop your way into the new year with a truly special tour of a local brewery! Learn about the history of beer brewing and try a delicious tippie or two. Olivia will be running this club. Please **call us on 0207 118 0404 to put your name in the lottery**. Names will be drawn at random on Thursday 10<sup>th</sup> January and we'll contact you if you've got a place.

**Train: Bermondsey**

**Bus: 47, 343, 381, 188 (get off at Bridge Road/City Hall)**

**Sunday 20<sup>th</sup> January, 2-5pm: Film Club: Dance Special - Bermondsey  
The Yalding Centre (AgeUK), 95 Southwark Park Road, SE16 3TY**

*Before our feature film, we'll be screening the short film *The Dance Teacher* made by SLC Volunteer Dorothy Allen-Pickard, during her time at Goldsmiths University. A tale about an unexpected friendship between a young dancer and an old man, starring members of the SLC community!* Join your neighbours to watch **West Side Story**, the 1961 classic romantic musical set against the backdrop of 1950s gang rivalry. Emily is running this club. Please call us on 0207 118 0404 to let us know you're attending.

**Train: Bermondsey (15 minute walk)**

**Bus: 1 (get off at Harris Academy/ Reverdy Road)**

**Call us on 0207 118 0404 for more information.**

**Monday 21<sup>st</sup> January, 6.15-7.45pm: Script Reading – Camberwell  
*Camberwell Library, 48 Camberwell Green, SE5 7AL***

Try out your acting skills at our script reading club in Camberwell. This month we'll be finishing *A Christmas Carol* by Charles Dickens. Take part in the play reading or just sit back and enjoy the story! Emily will be running this club. Please call 0207 118 0404 to let us know you'd like to attend.

**Bus: 12, 35, 40, 42, 45, 171, 176, 185, 436, 36, 345, 484 (get off at Camberwell Green.)**

**Wednesday 23<sup>rd</sup> January, 2-4pm: Café & Catch Up – Streatham  
*Batch & Co, 54 Streatham Hill, London SW2 4RD***

Catch up with your neighbours in the warm and welcoming Batch and Co Café. Grab a cuppa, a scrumptious slice of cake and catch up with your pals or make some new ones! Olivia will be running this club. **Please call us on 0207 118 0404 to let us know you're coming as spaces are limited.**

**Train: Streatham Hill**

**Bus: 109, 133, 159, 250, 333, 417, P13 to Streatham Hill Station**

**Wednesday 23<sup>rd</sup> January, 6-7.30pm: Choir – Peckham  
*St James Church Hall, 45 Elm Grove, SE15 5DD***

Join your neighbours for a joyful evening of singing, with no experience necessary! **Please note**, when you arrive walk through the small gate to the left of the church on Elm Grove and look out for the door with a big shell above it – we'll be in there! Volunteer Organiser Amita will be running this club. Call 0207 118 0404 to tell us you're coming.

**Train: Peckham Rye**

**Bus: 12, 37, 63, 78, 197, 343, 363, P12, P13 (get off at Peckham Rye station – 3-minute walk) or 36, 136, 171, 345, 346 (get off at Peckham Library, 7 minute walk)**

**Thursday 24<sup>th</sup> January, 6-7:30pm: Creative Writing Club – Clapham  
*The Hub, Lambeth College, Clapham Centre, 45 Clapham Common South Side, London SW4 9BL***

Explore poetry and short story writing (no experience necessary!) with a professional. Find your voice, stretch your imagination and have fun getting to know your neighbours. Emily will be running this club. Please call us on 0207 118 0404 as spaces are limited.

**Train: Clapham Common**

**Bus: 29, 690 (get off at Clapham Common) 322 (get off at Clapham Common)**

***Sign in at reception and then walk through the glass gates – follow the corridor until you see the South London Cares sign.***

**Call us on 0207 118 0404 for more information.**

**Saturday 26<sup>th</sup> January, 2.30-4.30pm: Technology Workshop – Herne Hill**

***Herne Hill United Church Hall, Half Moon Lane, Herne Hill, SE24 9JG***

Want to improve your confidence with your phone or laptop? Come along for a cuppa and bring your gadgets and technology-related questions with you! Olivia will be running this club. Please call us on 0207 118 0404 to let us know you would like to come.

**Train: Herne Hill or North Dulwich (15 min walk)**

**Bus: 37 (get off at Beckwith Road)**

**Please note** the church hall is on the corner of Half Moon Lane and Beckwith Road, and is not to be confused with the Baptist Church Hall that's close to Herne Hill train station.

**Monday 28<sup>th</sup> January, 4pm-6pm: Men's Pub Club – Camberwell**

***The Tiger, 18 Camberwell Green, Camberwell, SE5 7AA***

Men of south London, join your younger neighbours for **our men's social club** at The Tiger pub in Camberwell. Spend an afternoon enjoying a chat & a laugh over a free drink. Olivia will be running this club. Please call 0207 118 0404 to tell us you're coming.

**Bus: 12, 35, 40, 42, 45, 171, 176, 185, 436, 36, 345, 484 (get off at Camberwell Green)**

**Tuesday 29<sup>th</sup> January, 6:30-8pm: Desert Island Discs – Walworth**

***Darwin Court, 1 Crail Row, Walworth, SE17 1AD***

Like the radio show of its namesake, come with a song in mind and why it's meaningful to you, or just listen and enjoy the tunes! No need to bring any records/CDs with you, just the name of the song and artist. **This month's theme is 'Winter Warmers!'** Olivia will be running this club. Please call 0207 118 0404 to tell us you're coming.

**Train: Elephant and Castle (take the 136/343 to Balfour Street)**

**Bus: 136, 343 (get off at Balfour Street).**

**Wednesday 30<sup>th</sup> January, 12-1.30pm: Business Lunch – London Bridge**

Join the friendly employees of an investment company for a chat over lunch at their offices. Space is limited so **please call us on 0207 118 0404 to put your name on the list for our lottery**. Charlie will be running this club and we'll be drawing names on Tuesday 22<sup>nd</sup> January, so if you don't hear from us on that date then unfortunately you will not have a secured a place.

**Train: London Bridge**

**Bus: 343, 381 (get off at Tooley Street City Hall – stop M)**

**All events are free to attend and are accompanied by light refreshments.** South London Cares is a community network connecting young professionals in their 20s and 30s with their older neighbours, aged over 65, for interaction and friendship.

**Call us on 0207 118 0404 for more information.**