

# HAPPY BADDERS - learn to take charge of the shuttle!

Join me and other women...

Find time for yourself

Learn a new sport

Become fitter

Lose weight

Socialise



*We Are Women!*

*We Are International!*

*We Are Together!*

## Happy Badders!

When: Tuesday's  
Time: 9.30am – 11.30am

The Castle Centre  
2 St Gabriel Walk  
SE1 6FG

Booking Essential Call  
**Helon: 07944406265**



The Head Coach  
Helon Bibi Level 2  
Badminton &  
Level 2 multi-  
skills sports  
coach



Assistant



# Get on Court and make it happen - Be Happy Badders!