

Free 5-week Learning Unlimited course for parents and carers

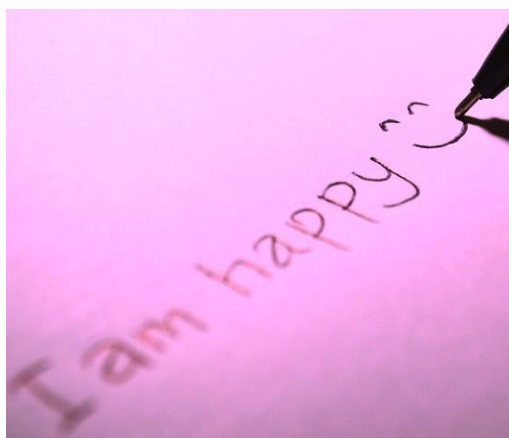
Happy parents, happy families

Friday 10am-12pm

From 23rd February to 23rd March 2018

1st Place Children and Parents Centre

12 Chumleigh St, Burgess Park, London SE5 0RN



What will I get from attending the course?

- You will explore ways on addressing parental stress
- You will look at the impact it can have on children
- You will have the opportunity to look at coping strategies and sources of support

How much does it cost?

The course and crèche places are free.

Where can I get more information on the course?

Drop in or speak to a member of staff at 1st Place Children's Centre on 020 7740 8070.

