

## Are you eligible for Rose Vouchers?

The Rose Vouchers for Fruit & Veg Project helps parents with young children to buy fresh fruit and vegetables.

Rose Vouchers are worth £4 per child or pregnancy and £6 if the child is under one year of age, and can be redeemed at participating fruit and veg stalls at East Street market or Peckham.

**If you wish to receive Rose Vouchers, please phone 020 7740 8070 to find out whether you are eligible.**

## Contact us

**1st Place Children and Parents' Centre**  
12 Chumleigh Street, Burgess Park  
London SE5 0RN  
[childrenscentre@1stplace.uk.com](mailto:childrenscentre@1stplace.uk.com)  
[www.1stplace.uk.com](http://www.1stplace.uk.com)

   @1stPlaceCentre

### Family Support Service

Our Family Support team continue to offer one-to-one support to families during this difficult time. To discuss the referral process, please contact Elena Salazar by emailing:

[Elena.Salazar@1stplace.uk.com](mailto:Elena.Salazar@1stplace.uk.com)

### Family Support Referrals

Please note that Family Support referrals need to be done by an Early Help Referral to [earlyhelp@southwark.gov.uk](mailto:earlyhelp@southwark.gov.uk)



**Southwark Children and Family Centres**  
**Borough Bankside and Walworth**



# Autumn Programme

# September - December 2020

## Virtual Courses

### **HENRY Healthy Families: Right from the Start**

A virtual 8 week course which helps parents with children under 5 gain the confidence, knowledge and skills they need to help the whole family adopt a healthier, happier lifestyle and to give their children a great start in life. The course focuses on supporting good nutrition, breastfeeding, physical activity, emotional well-being and parenting skills in a fun and supportive group.

**For more information, please contact Jennie Crossan (HENRY Co-ordinator) on [Jennifer.crossan@gstf.nhs.uk](mailto:Jennifer.crossan@gstf.nhs.uk) or talk to a 1st Place member of staff.**

### **ESOL**

Free online ESOL learning for parents.

**For more information, please contact Kim Randell on [Kim.Randell@1stplace.uk.com](mailto:Kim.Randell@1stplace.uk.com) or 07718 115 861.**

**For all the latest 1st Place news and events, please visit [www.1stplace.uk.com](http://www.1stplace.uk.com) or find us on social media @1stPlaceCentre**



## Monday

**Outdoor Play Session, 2.00 – 3.00pm**

**Victory Children's Centre, Elba Place, SE17 1PT**

Enjoy our mud kitchen, building with natural materials, musical instruments and our cosy wigwam book area. Each session includes 45 minutes of outdoor play and ends with stories and rhymes. **Places limited to 6 families per session. To book your slot, contact [Judy.Morris@1stplace.uk.com](mailto:Judy.Morris@1stplace.uk.com) or 0776 062 4136.**

**Craft Story Sessions (Collection)**

**10.00pm – 12.30pm**

Collect your free craft resource pack then show your creation during Wednesday's virtual show and tell session. **To book your 30-minute slot, contact 0776 062 4136 or [Judy.Morris@1stplace.uk.com](mailto:Judy.Morris@1stplace.uk.com)**

## Tuesday

**Rose Vouchers (Collection), 10.00am – 3.00pm**

Rose Vouchers will be given for the week you collect and the week before, if you are due them. Rose Vouchers can be collected from: Victory Children's Centre, Elba Place (off Rodney Road, behind Victory Primary School), SE17 1PT. **If you wish to register to receive Rose Vouchers, phone 020 7740 8070 to find out whether you are eligible.**

**Virtual Baby Time**

**10.00am - 12.00pm and 2.00pm - 3.00pm**

Share your experiences and find out about topics including sleep, feeding and routines. Each session finishes with songs and rhymes. **To book your 30-minute slot, contact [Judy.Morris@1stplace.uk.com](mailto:Judy.Morris@1stplace.uk.com) or 0776 062 4136.**

**Family Support Service (Telephone service), 10.00-12.00pm**

Get confidential advice and support about accessing different services for you and your family over the phone. **To book a slot, contact Kim Randell on 07718 115 861 or [Kim.Randell@1stplace.uk.com](mailto:Kim.Randell@1stplace.uk.com)**

## Wednesday

**Craft Story Sessions (Virtual Show and Tell)**

**10.00pm – 12.30pm**

Share what you made using our craft resource pack then enjoy an interactive story, songs and rhymes. **To book your 30-minute slot, contact [Judy.Morris@1stplace.uk.com](mailto:Judy.Morris@1stplace.uk.com) or 0776 062 4136.**

## Thursday

**Rose Vouchers (Collection), 10.00am – 3.00pm**

Please note there will be no collection on 17 September. Rose Vouchers will be given for the week you collect and the week before, if you are due them. Rose Vouchers can be collected from: Victory Children's Centre, Elba Place (off Rodney Road, behind Victory Primary School), SE17 1PT. **If you wish to register to receive Rose Vouchers, phone 020 7740 8070 to find out whether you are eligible.**

## Friday

**Outdoor Play Session, 2.00 – 3.00pm**

**Victory Children's Centre, Elba Place, SE17 1PT**

Enjoy our mud kitchen, building with natural materials, musical instruments and our cosy wigwam book area. Each session includes 45 minutes of outdoor play and ends with stories and rhymes. **Places limited to 6 families per session. To book your slot, contact [Judy.Morris@1stplace.uk.com](mailto:Judy.Morris@1stplace.uk.com) or 0776 062 4136.**