

Weekly activities for you and your Children

Weekly Courses and Services for you and your Children

September – December 2017

The centre will be closed all day on Thursday 19th October and Monday 25th December
To Tuesday 2nd January 2018

Please contact us on 0207 740 8070
For more information.

1st Place Children and Parents' Centre
Chumleigh Street, Burgess Park
London SE5 0RN


childrenscentre@1stplace.uk.com

Family Support referrals need to be done by CAF:
Earlyhelp@southwark.gov.uk

Bananas on the Beach and Sensory Room

Open from Monday to Friday between 10am – 4pm

<p>Monday AM</p>	<p>Free Counselling Service at 1st Place with Place 2be Mondays from 9am – 3pm <i>A counselling service offering support to mums, dads, grandparents, step-parents and carers.</i> Crèche is provided free of charge. To make an appointment, or to find out more please call Kim 0207 740 8070</p>	<p>ESOL – English Classes at Victory CC with Repezent UK, Elba Place, Rodney Road, SE17 1PT From 10am – 12:30pm (term time only) Free English Classes for parents with crèche provision! Please call Kim Outreach and Administrator on 0207 740 8070 to book a time slot. Enrolment Day Wednesday 27th September 2017 at 1st Place From 10am to 12:30pm.</p>	
<p>Tuesday AM</p>	<p>Creative Families Group at 1st Place Starts Tuesday 19th September to 17th October 2017 From 10am – 1pm A 10 week therapeutic art program delivered in partnership with South London Gallery, Parental Mental Health Team and local children centres. Parents must have at least one child aged over 1 as they will be engaging in art activities. By referral only, please call Sarah Ryan on 07815 448 408 or 0203 2289 800 for more information.</p>		<p>Happy Parents, Happy Families at Victory Children Centre, Elba Place, Rodney Road SE17 1PT Starts Tuesday 14th November to 12th December 2017 From 10am to 12pm Explore ways on addressing parental stress, opportunity to look at coping strategies and sources of support. Please call Kim Children Centre Administrator on 0207 740 8070 to book a place.</p>
<p>Wednesday AM</p>	<p>ESOL – English Classes at 1st Place From 10am – 12:30pm (term time only) <i>Free English Classes for parents with crèche provision!</i> Please call Kim Outreach and Administrator on 0207 740 8070 To book a time slot. Enrolment Day Wednesday 27th September 2017 From 10am to 12:30pm</p>	<p>Advising London Drop-in at 1st Place From 10am – 1pm A free confidential and independent advice service for families with children under five years old, or who are pregnant. Advice on welfare benefits, debt, housing, employment law, immigration and other areas of law. 1st and 3rd Wednesday of the month. If you do not speak English please contact us in advance if you will require an interpreter, or else a telephone interpreter can be provided on the day. Please call in the morning to book an appointment slot on 0207 740 8070.</p>	
<p>Thursday AM</p>	<p>Osteopathy for Children at 1st Place with the British School of Osteopathy From 9:30am – 1pm <i>If your child cries all the time, does not sleep well, is often getting colds, suffers eczema, seems very unhappy, etc. This is the service for you.</i> This service is free of charge to families in receipt of Universal Credit. Please speak to your Health Visitor, or call the 1st Place Family Support Team On 0207 740 8070 for a referral.</p>		
<p>Friday AM</p>	<p>Cook and Eat at Aylesbury Health Centre, Taplow House, Thurlow Street SE17 2UN Date: TBC (term time only) Part of the Eat Better Start Better program. This course helps you gain basic food hygiene and Safety skills, gain nutrition knowledge, learn new skills in cooking, budgeting and shopping. Please call Kim Children Centre Administrator on 0207 740 8070 to book a place.</p>	<p>Sleep Clinic at 1st Place From 11am 12pm and 1pm If your child is finding it difficult to sleep this is the clinic for you. Speak to your Health Visitor for a referral. Please call 1st Place to book an appointment slot on 0207 740 8070.</p>	<p>About Boys Course at Victory CC, Elba Place, Rodney Road, SE17 1PT Starts Friday 29th September to 20th October 2017 From 9:30am – 11:15am If you need support with your son's learning and behavior, this is the course for you. To book a place please call Kim on 0207 740 8070</p>

<p>Monday PM</p>	<p><u>Book Start session at Brandon Library Maddock Way, Cooks Road SE17 3NH (term time only)</u> Come and have fun reading books with your children. Mondays from 2 – 3.30pm Please call on 020 7525 2000 if you need more information.</p>	<p><u>Baby Clinic at Manor Place Surgery, 1 Manor Place, SE17 3BD</u> From 1 – 3pm Visit the baby clinic and Health Visiting team to find out how your baby is doing; Be there on time, no appointment is necessary.</p>	
<p>Tuesday PM</p>			
<p>Wednesday PM</p>	<p><u>Antenatal Classes at the Aylesbury Health Centre Taplow House, Thurlow Street, SE17 2UN</u> From 1 – 3pm. Information and support for parents to be, this group is run by the Health Visiting team and is by appointment only. Please call the Health Visiting team to book an appointment. For more information please call the Health Visiting Team on 0203 049 8713/0203 049 8785</p>		
<p>Thursday PM</p>	<p><u>Advising London Drop-in at 1st Place</u> Thursdays from 1:30 – 4pm. A free, confidential and independent advice service for families with children under five years old, or who are pregnant, who require advice in Spanish. Advice on welfare benefits, debt, housing, employment law, immigration and other areas of law. Advice provided in Spanish only. Please call in the morning to book a slot on 0207 740 8070.</p>	<p><u>New Baby Group at the Aylesbury Health Centre, Taplow House, Thurlow Street, SE17 2UN</u> From 1 – 2:30pm (term time only) Come and meet other parents and participate in sessions covering a range of interesting and relevant topics, for babies up to 10 months. Introducing Solid Foods Session Thursday 21st September 2017. Please pop into the Aylesbury Health Centre to find out more or contact Caroline – Child Development Worker on 0203 049 8707 or 0203 049 8710</p>	<p><u>A Baby Clinic session at the Aylesbury Health Centre, Taplow House, Thurlow Street, SE17 2UN.</u> From 1 – 3pm Visit the baby clinic and find out how your baby is doing, the Health Visiting team will be there to weigh and measure your child and answer questions you may have about your baby. Be there on time, no appointment is necessary. For more information contact the Health Visiting team on 0203049 8710/8707.</p>
<p>Friday PM</p>			

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